

THE EAGLE EXAMINER

JV GIRLS BASKETBALL TEAM EXTENDS WINNING STREAK

The Eagles set their sights on final games, postseason play

by Joshua Kutz

After the Eagles' 56-18 win over Desert Lily on Thursday night, the JV Girls Basketball team has extended its incredible winning streak to a whopping 35 games, spanning more than three years. Their last regular season loss was on December 12, 2017, to Maryvale Prep.

For the past six seasons, EVAC JV Girls Basketball has steadily risen to become one of the top teams in the division year in and year out, consistently competing for state championships. Their regular season record since the 2014-2015 season is 76-10, highlighted by two CAA State Championships and three CHHS March Gladness Championships. Current coach, Andrew Kutz, hasn't lost a regular season game since the beginning of his tenure in the 2018-2019 season, going 14-0 in his first year and coaching the team to state championship and March Gladness championship wins.

This year, EVAC JV Girls Basketball is 11-0 and first in the JV Division, despite losing four key contributors and gaining five new players following last year. The Eagles have scored 528 points this season, while

winning with an average game score of 48-14. With the average of 48 points every matchup, EVAC JV Girls



EVAC JV guard Lesia Rasmussen prepares to shoot a free throw in the Eagles win over Desert Lily Academy last Thursday.

Basketball leads the CAA in points per game. The Eagles are just two wins away from a second-straight perfect season, with their remaining games against Heritage Gateway, who EVAC defeated 54-20 on January 28 this season, and EduPrize Gilbert, who EVAC has defeated twice this season, 45-8 and 50-23. The second and third teams in the

division, #2 Ville de Marie and #3 South Pointe, won't face EVAC in the regular season; however, there is a likely matchup between one of these schools and EVAC in the upcoming Canyon JV Girls Basketball Championship, a CAA-affiliated tournament that EVAC will be hosting on February 8. The tournament will be the second of its kind since the CAA discontinued the annual JV Girls Basketball State Championship following the 2017-2018 season.

Coach Kutz had this to say about his team this season: "I'm really happy with where the team is at. As nice as it is to win games and all that, the goal really is to continue to develop and learn the game, both as a team and as individual players. I think the girls have embraced that. It's been fun to watch them have a lot of success and then to see them turn around and continue to apply themselves in practice to keep getting better. And honestly, this team is really good. They're fun to watch. I'm so proud of them."

The JV Girls Basketball team has their sights set on Heritage Gateway and EduPrize Gilbert before they head to the Canyon JV Girls Basketball Championship for a run at the state championship.

WORK HARD, PLAY HARD

Why playing sports is beneficial for homeschoolers

OPINION-Laney Law

As a homeschooler, it can be challenging to find the motivation to have a good attitude, be productive, and complete quality work on a daily basis. Playing sports after a busy day of homeschooling can be a great motivation and benefit for many homeschoolers. Long-term goals can be easily set knowing the fun that awaits later. Sports provide motivation at the beginning of a school day that can encourage quality work to be completed in a timely manner.

Short term, it is helpful to have a much-needed break between subjects. Students can shoot hoops, kick soccer balls, hit around a volleyball, or work on general conditioning during breaks, then get back to schoolwork.

According to K12 Learning Liffoff (2018), studies show that exercise breaks can improve student attentiveness, boost learning productivity, reduce student stress, and help memory. When playing a sport, students can learn responsibility. Students must pay attention to when and where the practices and games will be held by listening to the instructions the coaches give. Students are responsible for taking care of their sports equipment without reminders from parents and coaches.

Since some homeschoolers may not have scheduled physical education classes, playing sports is a way they can learn to condition themselves and live healthier lives. It

also teaches them that it is important to incorporate physical activity into each day.



EVAC Basketball players know how to work hard and play hard.

Meeting new players and creating friendships also help to make sports fun. Students learn to respect their coaches, parents, referees, players, and other teams. Working together, encouraging one another, and learning to communicate with others are important life skills that are learned from sports.

Sports not only help challenge, train, and teach homeschoolers to be hard-working athletes, but they also encourage homeschoolers to be diligent and respectful students at home.

“Why Student Breaks are Essential to Learning.” Learning liftoff.com. April 13, 2018. Web. 14 Jan. 2020.

BASKETBALL LINGO

Caleb Fender

Basketball season is in full swing. However, if you are new to basketball and are at EVAC games you might be a little confused by the different terms and phrases fans, players, coaches, and refs are using. Here is a list of common basketball terms, phrases, and slang that might help you.

Terms and Phrases

Rebound: Getting the ball after a missed shot

Box out: When a player gets in front of an opposing player and uses his or her back and butt to push the opposing player back to get a rebound

Screen or Pick: When an offensive player stands completely still next to a defensive player to force the defensive player to move around him or her, allowing an offensive teammate to get around the defense

Moving screen or Illegal screen: When a player is not set or completely still when setting a screen

Charge: When an offensive player drops his or her shoulder into a defensive player or runs through a stationary defensive player

Blocking foul: When a defensive player uses his or her arms or legs rather than torso to stop an offensive player

Shooting foul: When a defensive player hits an offensive player’s body while he or she is taking a shot. Results in two free throws for the offensive player

Over and back: When an offensive player takes the ball and steps over the midcourt line toward his or her basket, and then steps back over the midcourt line

Free throws: Shots taken from just behind the free-throw line; worth one point each.

Three two-offense or a three-two defense: An offense or zone defense that has three players around the three-point line and two under the basket

(Continued on pg. 3)

Just for Laughs

What is shaped like a basketball and is the same color as a basketball?

A basketball. (Submitted by Dayne Malo)

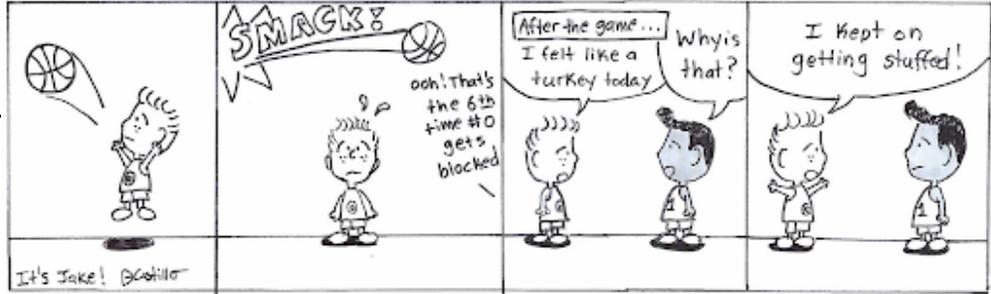
Why did the basketball player sign up for the crafting club?

He wanted to learn how to make a basket!.

What violation do ghosts get called for the most in basketball?

Ghost tending.

It's Jake! by David Castillo



If you have a great joke or fun fact that you would like to share, please email joshmkutz1@gmail.com

BASKETBALL LINGO

>From pg. 2

Full-court press: When the defensive players try to steal the ball by guarding the offensive players as soon as the offense gets the ball on the other side of the court

Half-court press: When the defensive players try to steal the ball by guarding the offensive players around the midcourt line

Slang

Bucket: When a player scores a basket

Dropping a dime: When a player makes a great, usually difficult pass

Take it to the rack: Dribbling and scoring a basket

Sniper: Player who makes multiple three-point shots in a row

Getting stuffed: When a defensive player blocks an offensive player's shot in the air, sometimes prohibiting the ball from leaving the shooter's hand

And one: When a player is fouled while shooting, makes the basket, and is rewarded with one free throw attempt

Making it rain: When a player does not miss any shot he or she takes

Pickpocket: When a defensive player taps the ball out of the hands of an offensive player on one side of the body and then picks up the ball on the offensive player's other side

Brick: A shot that hits the rim but does not go in

Air ball: A missed shot that didn't hit the rim, net, or backboard

Euro-step: When an offensive player picks up his or her dribble, takes a step in one direction, and quickly takes a second step in another direction. The intent is to enable the offensive player to evade a defender and shoot

Flop: When a player isn't fouled but falls over anyway

DID YOU KNOW...

There are more than 200 member schools in the Canyon Athletic Association.

EVAC won six out of eight available championships in the 2019 CHHS March Gladness tournament, the most out of any other participating teams.

EVAC VARSITY TEAMS TAKE PART IN NCHBC

Joshua Kutz

The EVAC Varsity Basketball teams took a trip to Irvine, Calif., to participate in the National Christian Homeschool Basketball Championships (NCHBC) this past Friday and Saturday.

EVAC Varsity Girls Basketball had their first game on Friday afternoon at 4:30PST vs. the Christian Heritage Knights. EVAC showed up to play and crushed the Knights 45-16. They played again that night at 6:35 vs. the Heritage Christian Mustangs, and once again dominated the game, winning 42-24. The Eagles had a long break the following morning; their next game was scheduled for that afternoon at 4:30 against their long-time rival, the Spirit Warriors. The Eagles came out strong and put away the Warriors 52-21 to move into first place in the tournament. EVAC Varsity Girls needed one more win to secure the championship title. Only the Trinity Crowns stood in the way of the Eagles' aspirations. In an evening matchup at 6:35, the Eagles gave the Crowns a defensive beatdown, giving up fewer than 10 points en route to their 40-9 win. EVAC Varsity Girls won the championship in dominating fashion, winning games by 29, 18, 31, and 31 points.



EVAC Varsity Boys Basketball played their first game on Friday evening at 5:30 vs. the Spirit Warriors, who had beaten EVAC in each of their last two matchups. The Eagles didn't dwell in the past, earning a 75-71 win over their long-time rival. Their next game was against the reigning CHHS March Gladness Champions, the Trinity Crowns, in a late-night matchup at 8:40. The Eagles fought hard, but ultimately fell to the Crowns 54-42. The following evening they faced off against Christian Heritage at 5:30. The Eagles played a close game, but lost to the Mustangs 54-48 to finish the tournament at 1-2.